



**PALM CONVERSATIONS
INTERNATIONAL**
INDIA 2026

ORGANISED BY



MPOC
MALAYSIAN PALM OIL COUNCIL



BIOACTIVE POWER OF THE PALM

Reimagining for a World Facing NCDs

23 AUGUST 2026
THE LEELA MUMBAI

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(DAY 1)

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Join Us at MPOC'S

Palm Conversations International (PCI) India 2026



We are pleased to invite you to Palm Conversations International (PCI) India 2026, hosted by the Malaysian Palm Oil Council (MPOC) in Mumbai on 23–24 August 2026. This programme will bring together Indian, Malaysian, and international researchers and medical professionals to explore the potential of palm bioactives in addressing non-communicable diseases (NCDs) in the modern world.

India is at the forefront of the global fight against non-communicable diseases (NCDs), with rising rates of cardiovascular disease, diabetes, and metabolic disorders placing increasing pressure on its healthcare system. As one of the world's largest consumers and importers of palm oil, India provides a strategic platform to expand scientific dialogue beyond conventional uses and examine the health potential of palm-derived bioactives.

Under the theme "Bioactive Power of the Palm: Reimagining for a World Facing NCDs," PCI India 2026 aims to catalyse evidence-based discussions on palm phytonutrients, particularly tocotrienols, and their relevance in preventive and integrative healthcare. By bringing together clinicians, researchers, and policymakers, the programme seeks to position palm-derived bioactives as credible components of modern medical practice in addressing today's NCD challenges.

Event Schedule

Day 1 - 23 August 2026

CONFERENCE

**Q&A
SESSIONS**

**LUCKY
DRAW**

Key Highlights of Day 1 PCI



CONFERENCE

A one-day scientific conference covering key topics aligned with the central theme, featuring distinguished speakers from Malaysia, India, and the USA.



ENGAGEMENT SESSION

An engaging session where leading scientists, healthcare professionals, policymakers, and industry representatives share insights on advancing research translation, strengthening cross-border collaboration, and integrating palm bioactives into evidence-based medical and public health strategies to address NCDs.



PROGRAMME AGENDA

DAY 1 (23 AUGUST 2026)

TIME	PROGRAMME
9.30 am-10.15 am	Registration Refreshment
10.15 am – 10.30 am	Welcoming remark by emcee
10.30 am - 10.50 am	Presentation 1 Palm Oil in the Indian Clinical Context: Evidence, Dietary Patterns and Clarifying Misconceptions Speaker: Dr. Vishal Malhotra, Senior Consultant - Healthcare, Makreo Research & Consulting, India
10.50 am - 11.10 am	Presentation 2 Palm Bioactives in the Management of Non-Communicable Diseases (NCDs) Speaker: Dr. Roger Clemens, Adjunct Professor, Alfred E. Mann School of Pharmacy and Pharmaceutical Sciences, University of Southern California, USA
11.10 am - 12.00 pm	Opening Ceremony
12.00 pm - 12.20 pm	Presentation 3 Tocotrienols and Heart Health: Mechanisms and Clinical Evidence Speaker: Dr. Ketan Mehta, Consultant Physician, Cardiopulmonologist & Diabetologist, Mumbai, India
12.20 pm - 12.40 pm	Presentation 4 Tocotrienols in Non-Alcoholic Fatty Liver Disease (NAFLD) Management: Emerging Evidence and Therapeutic Potential Speaker: Dr. Sudhir Mysore, Senior Consultant Gastroenterologist and Hepatologist, PACE Hospitals
12.40 pm - 1.00 pm	Q&A session Chairperson: Dr. Rajeev Churi, President, Oil Technologists' Association of India (OTAI)
1.00 pm - 2.00 pm	Lunch



DAY 1 (23 AUGUST 2026)

TIME	PROGRAMME
2.00 p m - 2.10 pm	Lucky draw
2.10 pm - 2.30 pm	Presentation 5 Neuroprotection and Tocotrienols: Implications for Neurodegenerative Disorders Speaker: Dr. A. Hannah Rachel Vasanthi, Professor, Department of Biotechnology, School of Life Sciences, Pondicherry University
2.30 pm - 2.50 pm	Presentation 6 Palm vs. Soft Oils: Saturated Shielding Effects on Frying Stability and Toxic Aldehyde Formation Speaker: Dr. Pubali Dhar, Professor, Department of Home Science, University of Calcutta
2.50 pm - 3.10 pm	Presentation 7 Tocotrienols in Oncology Research: Mechanistic Insights and Translational Potential Speaker: Dr. Raghavendra Rao, Vice President - Research & Integrative Medicine, HealthCare Global of Hospitals
3.10 pm - 3.30 pm	Presentation 8 Structural and Nutritional Advantage of Oil Palm Speaker: Dr. Sanjit Kanjilal, Chief Scientist, Department of Oils, Lipid Science and Technology, CSIR – Indian Institute of Chemical Technology (IICT), Hyderabad
3.30 pm - 3.50 pm	Presentation 9: Palm Oil and its Implication on Diet-Related NCDs Speaker: Ms. Niti Desai, Clinical Dietitian & President Elect - International Association of Dietitians for Metabolic Health and Nutrition (IADMN)
3.50 pm – 4.30 pm	Q&A session Chairperson: Ms. Sukhada Bhatte, Nutrition Science Specialist, Dr. Reddy's Laboratories Ltd. and Founder Director IADMN
4.30 pm	Closing remark Lucky draw End of day 1

Registration

Thank you for your interest.

Registration is free of charge (FOC). Seats are limited and will be allocated on a first-come, first-served basis.

Day 1 Technical Conference Registration

REGISTER NOW

or

SCAN HERE
FOR REGISTRATION



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See you at PCI India 2026!

REGISTER NOW!

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