

# Anti-Inflammatory and Anti-Oxidative enhancement by shikimic acid and dehydroshikimic acid

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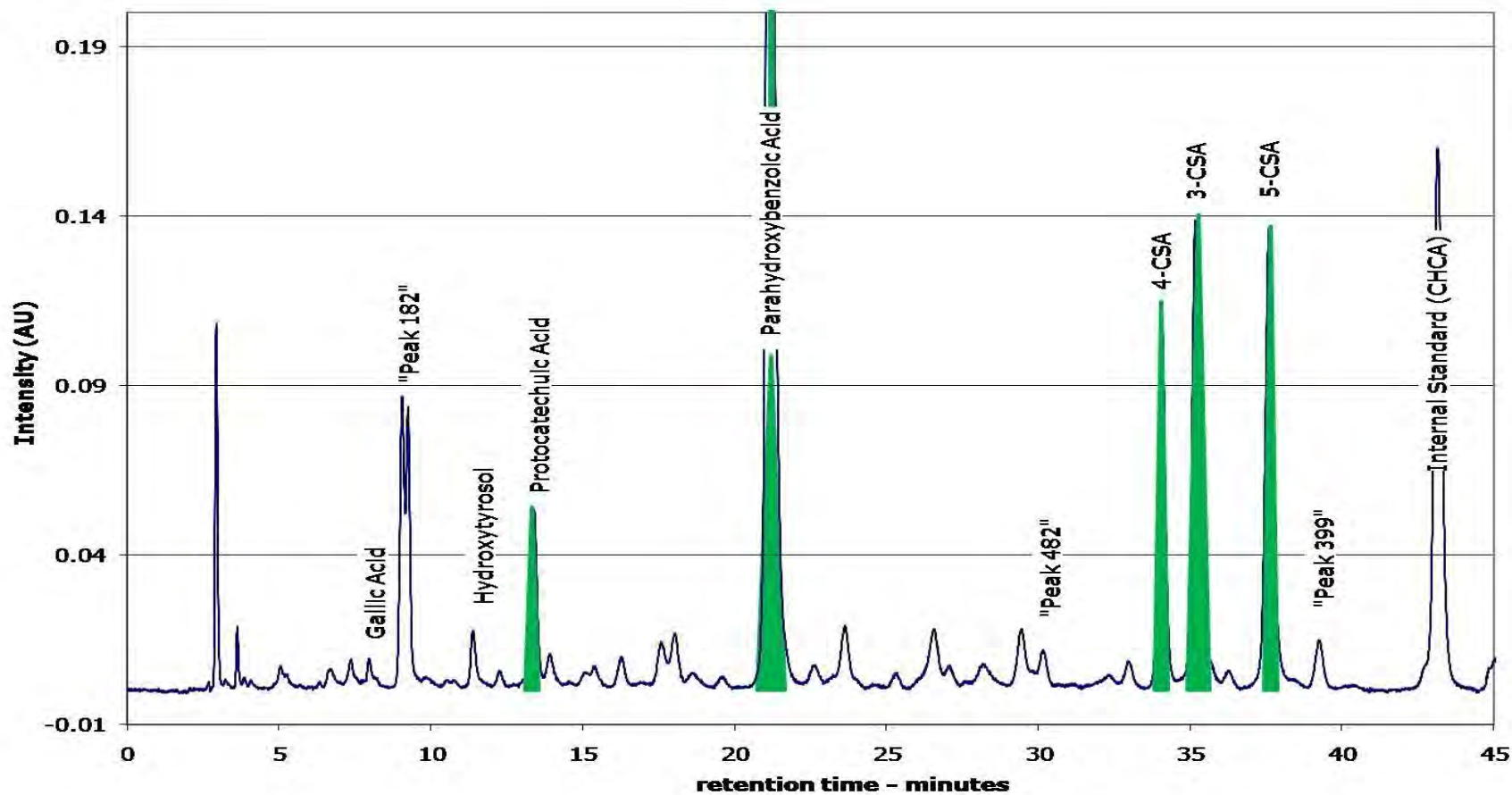
# Outline

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1. Introduction: Characterization of Palm Fruit Bioactives (PFB) / OPP
1. Shikimic acid shows no antioxidant activity in chemical methods (ORAC/TEAC)
1. Determination of Antioxidant Chemically in chemical environment and in Biological systems
1. Synergy, concerted or other mechanism
1. Biological activity enhancement
1. Conclusions



# Polyphenol profile in OPP



Column SGE C18

Mobile phase gradient (a) 0.2%% phosphoric acid 10mm Sodium sulfate

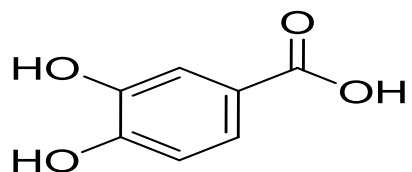
(b) 70 /30 V/V methanol and acetonitrile

Detection at 280nm

Flow rate 08 ml /min.

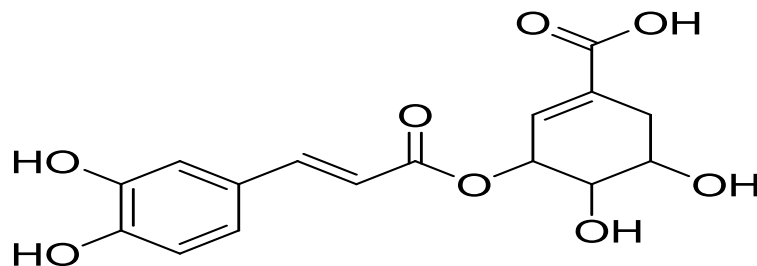
# Marker components in OPP

1



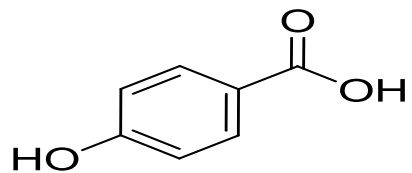
protocatechuic acid

3



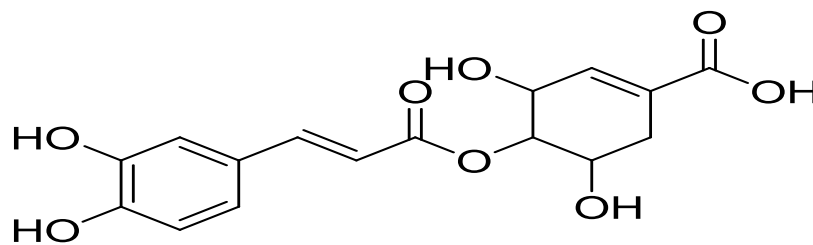
3-O-caffeoylshikimic acid

2



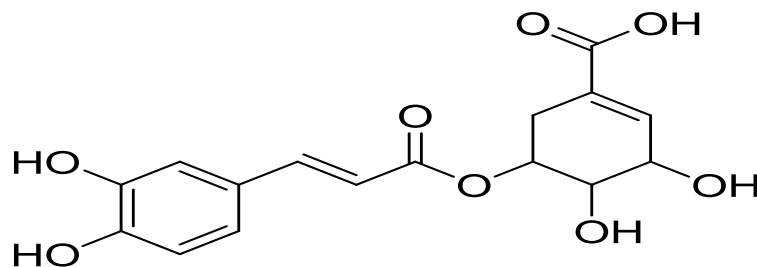
4-hydroxybenzoic acid

4



4-O-caffeoylshikimic acid

5

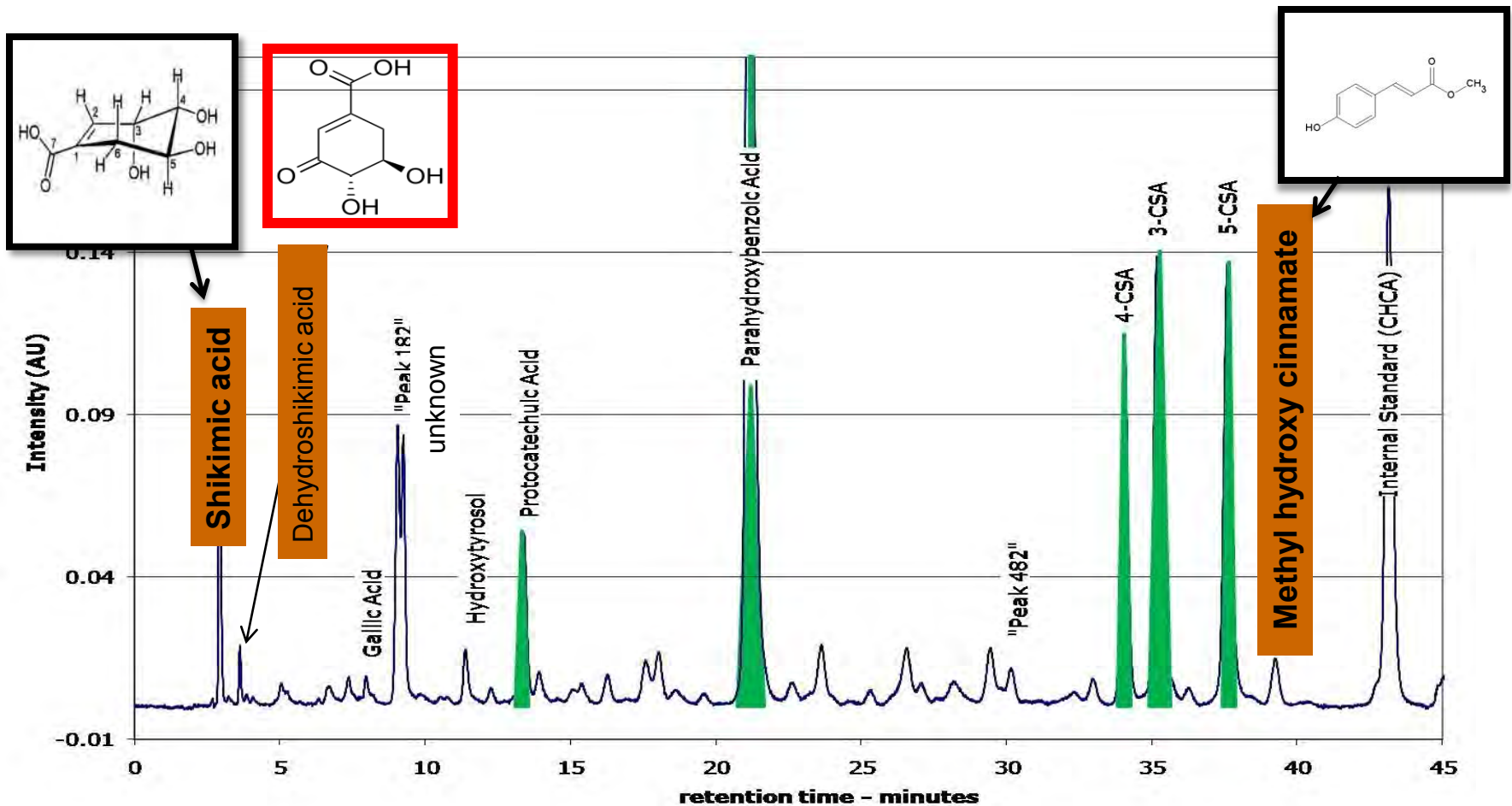


5-O-caffeoylshikimic acid

# Marker Components in OPP

OPP Component	Concentration ppm g/g $\times 10^6$	Concentration mmoles/G OPP (Freeze dried)	100 ug /ml OPP = X umole/L
Protocatchuic acid	630	4	$4 \times 10^{-1}$
p-Hydroxybenzoic acid	7000	50	5
3-O-Caffeoylshikimic acid	3000	9	1
4-O-Caffeoylshikimic acid	3400	10	1
5-O-Caffeoylshikimic acid	4300	13	1
Total Phenolics	18500	88	9

# HPLC Chromatogram of Polyphenols in OPP



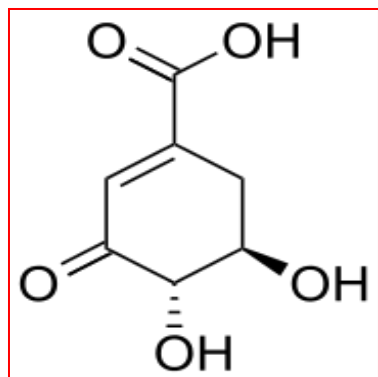
Column SGE C18

Mobile phase gradient (a) 0.2% phosphoric acid 10mm Sodium sulfate  
(b) 70 /30 V/V methanol and acetonitrile

Detection at 280nm  
Flow rate 08 ml /min.

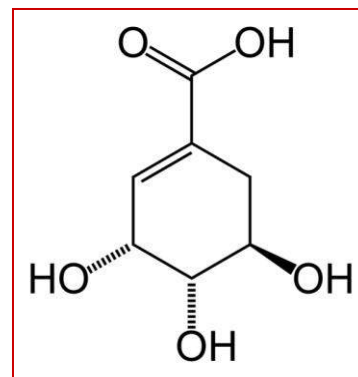
# What roles to shikimic acid play in animal cells?

- Other compounds (non phenolic antioxidants) have been identified and may be used for fingerprinting



Dehydroshikimic acid

Molecular weight 173.151



Shikimic acid

Solvent	Solubility (g/100mls)
Water	18.0
Methanol	2.62
Ethanol	2.25
Isopropanol	0.976
Acetonitrile	0.03

Ref: TGS 2012

# Phenolic Compounds / Shikimic acids

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## Phenolic compounds

- Act as cell signaling molecules
- Antioxidants
- Toxins to invading pests

## What about “Shikimic acids”

- Spectator compounds?
- Antioxidant?



# Immunomodulation by Shikimic acid

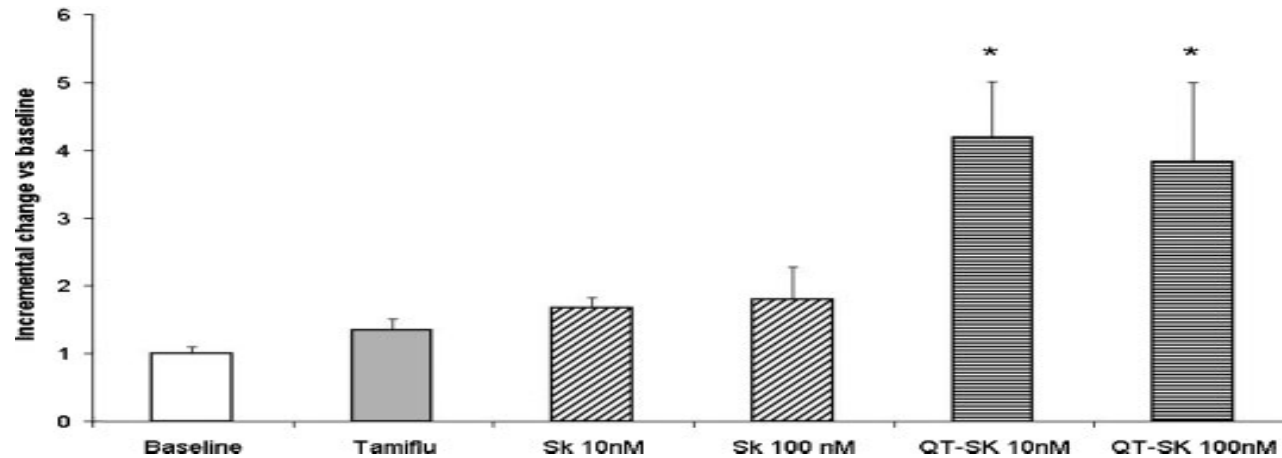


Fig. 1. Change in IL-8 levels in peripheral blood mononuclear cells incubated with Tamiflu, Shikimicacid (SK) and SKp quercetin (QT). \*P<0.05 vs. baseline, Tamiflu, SK 10 nM and SK 100 nM.

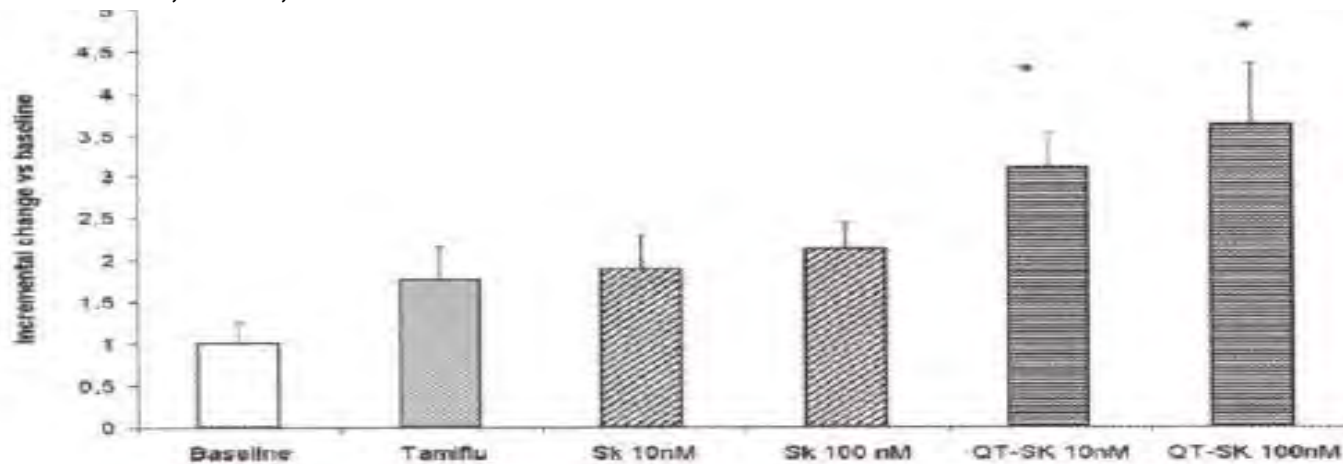
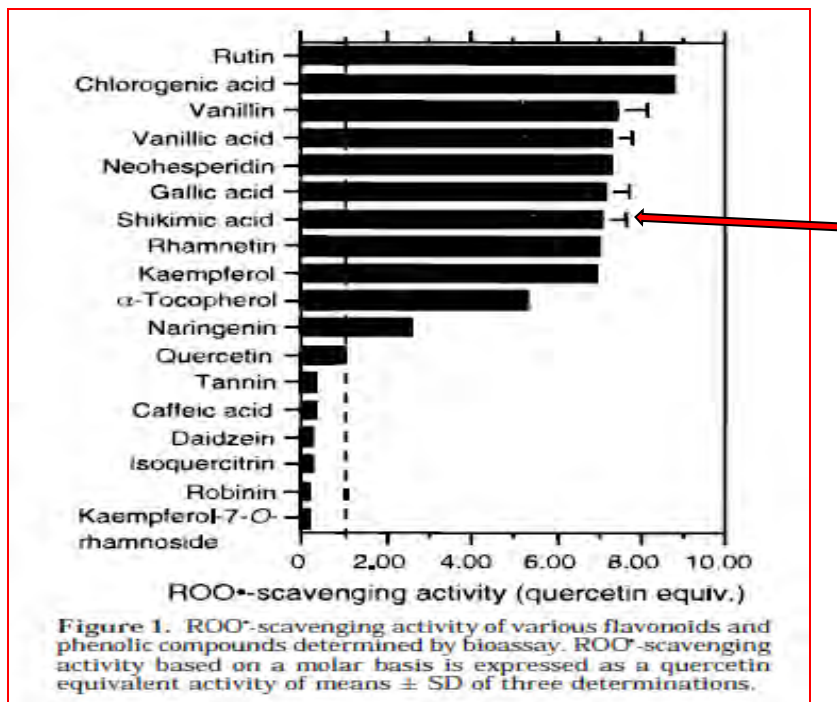


Fig. 2. Change in IL-6 levels in peripheral blood mononuclear cells incubated with Tamiflu, Shikimicacid (SK) and SKp quercetin (QT). \*P<0.05 vs. baseline, Tamiflu, SK 10 nM and SK 100 nM

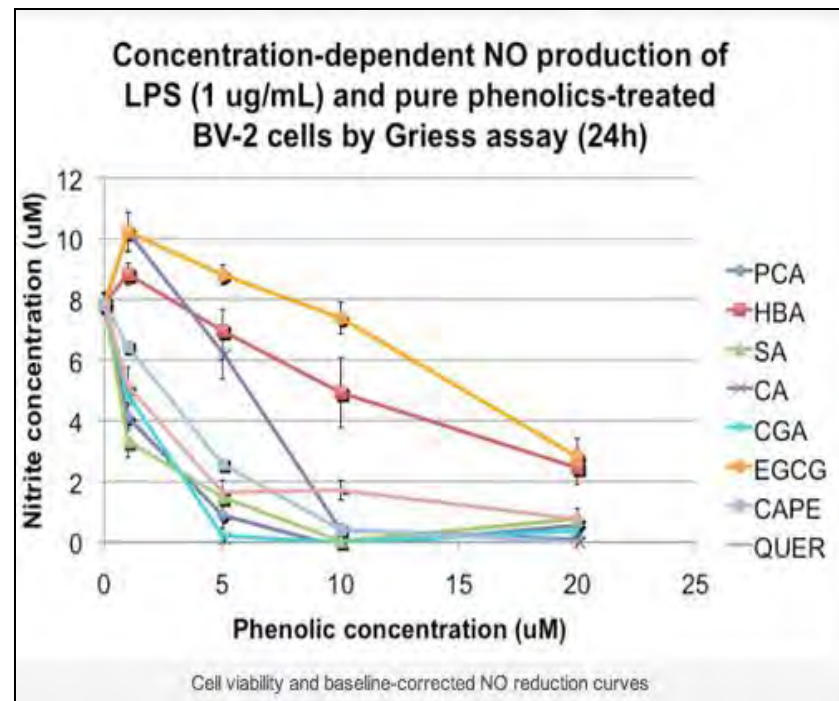
# Is Shikimic acid (SA) an antioxidant ?

- Chemical analysis, ORAC & TEAC assay show **low value**
- **Bio. assays (cell based):** Is SA an anti-oxidant ?

Bioassay based on the bactericidal action of ROO\*¥ Hiroshi Maeda\*et al 1999



NO determination in BV2-cells



# Antioxidants

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- Chemical property – Plays with electron acceptor mechanisms on Proxidants.
- Antioxidant property of a substance – Electron grabber – proxidant in different chemical Environment
- Antioxidants are not interchangeable
- Each one has unique chemical behaviors and biological properties –elaborate network systems
- No single substance can do the work of the entire organism / single cell completely

# Reactive oxygen and nitrogen species

**Table 1. Reactive oxygen species (ROS)**

Free radicals
Hydroxyl OH.
Superoxide O. <sub>2</sub> <sup>-</sup>
Nitric oxide NO.
Thiyl RS.
Peroxyl RO. <sub>2</sub>

**Table 2. Non-radical reactive oxygen species**

Non-radicals
Peroxynitrite ONOO <sup>-</sup>
Hypochlorous acid HOCl
Hydrogen peroxide H <sub>2</sub> O <sub>2</sub>
Singlet oxygen <sup>1</sup> O <sub>2</sub> (- <sup>1</sup> O <sub>2</sub> )
Ozone O <sub>3</sub>
Lipid peroxide LOOH

**Table 3. Reactive nitrogen species (RNS)**

Nitrous oxide N <sub>2</sub> O Nitrosyl cation NO <sup>+</sup>
Peroxynitrite OONO <sup>-</sup> Nitrogen dioxide NO. <sub>2</sub>
Peroxynitrous acid ONOOH Dinitrogen trioxide N <sub>2</sub> O <sub>3</sub>
Nitroxyl anion NO <sup>-</sup> Nitrous acid HNO <sub>2</sub>
Nitryl chloride NO <sub>2</sub> Cl

# Determination Antioxidant Activity

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A variety of in-vitro chemical methods are being used to determine the antioxidant activity of products and ingredients

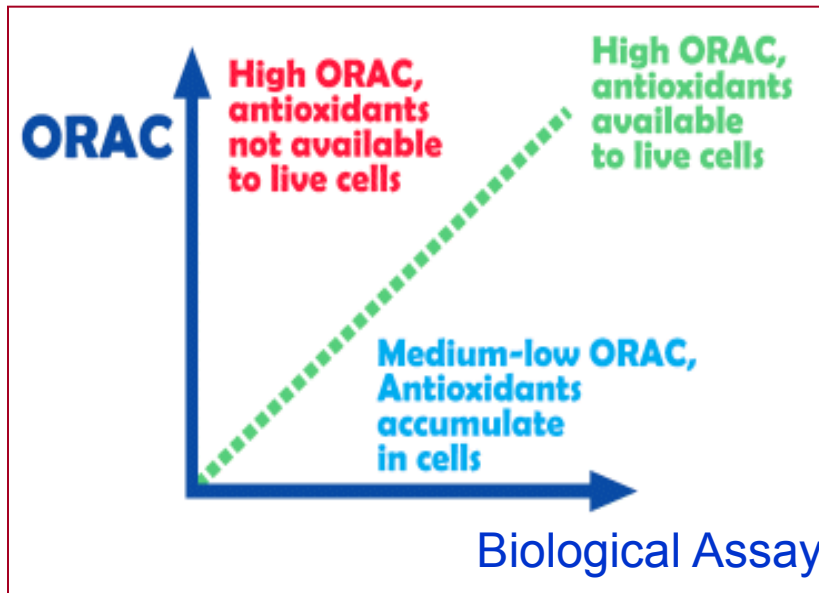
1. **ORAC\*** (oxygen radical absorbance capacity)
2. **TEAC** (Trolox equivalent antioxidant capacity method)
3. **DPPH** (reduction of 2,2 diphenylpicrylhydrazyl)
4. **FRAP** (ferric reducing /antioxidant power)
5. **Folin Ciocalteu Total Phenolic Assay** (metal oxides are reduced by phenolic antioxidants)

\* **ORAC** assay is a robust analytical method that determines the antioxidant potential of foods botanical and biological samples. It is an vitro test that can measure to what degree a substance of interest can scavenge various free radicals. It also most cited & developed by NIH and USDA

*Hydroxyl radical peroxy radical peroxy nitrite singlet oxygen and superoxide anion*

# Determination Antioxidant Activity

‘Whether the results have any bearing on the effectiveness in the human body’?



Antioxidant compounds absorbed upon consumption  
Local effects in gut tissue  
Entry into blood circulation  
Entry into living cells  
Ability to protect cells from oxidative damage

ORAC cannot be used predict what effect or benefit an antioxidant substance will have within the human body in attenuating free radical production or coping with oxidative stress. As an in vitro test ORAC cannot predict such in vitro effects nor can any other chemical assay

# Determining Antioxidant Activity

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**Berries are high in antioxidant activity**

Can we assume that something high on list in vitro tests will be high in the body?

Berries with **anthocyanins** as their primary component –blue berries , black berries are generally high in anti oxidants but the **anthocyanins don't appear to be stable in the body**. As a result the amount that needs to be consumed is higher than other foods that have lower anti oxidants levels

Additional research is needed on factors affecting their ***absorption and metabolism***

Ronald L prior Research chemist / Nutritionist USDA/ ARS Arkanas children Nutrition Ctr.

# Oxygen Radical Absorbance Capacity (ORAC assay Trolox equivalent TE per gram )

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- Chemical based antioxidant measurement  
Cannot predict or correlate to in vivo biological (USDA dilemma)

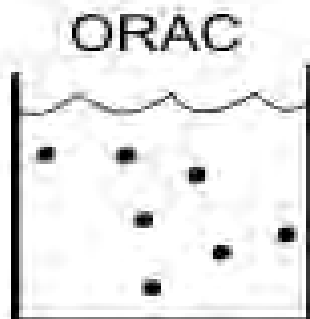
## ORAC values of some super foods\*:

Super foods	ORAC (TE /gm)	Biological activity
Immune1 (bovine colostrum )	18	high biological activity
EpiCor	614	high biological activity



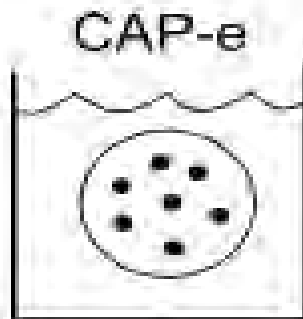
# Developing multifacted data for PFB by Parallel testing Using Erythrocytes and polymorphonuclear cells

## Antioxidant Methods for Foods and Natural Products



Antioxidants  
in solvent  
inhibits an  
oxidative  
chemical  
reaction

(A)



Those antioxidants  
able to enter  
red blood cells  
protect the cells  
from oxidative  
damage

(B)



Several different  
compounds in a  
natural product  
may have different/  
opposing effects

(C)

Dana Honzel, Steve G. Carter, Kimberlee A. Redman, Alexander G. Schauss, John R. Endres and Gitte S. Jensen  
**J. Agric. Food Chem., 2008, 56 (18), pp 8319–8325**

# Measurements methods

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Methods	Substrate	Probes	Time of reaction	Method of quantification
<b>TEAC</b>	Chemical	Electron	15 min	Absorbance
<b>ORAC</b>	Chemical	ROO*	120 min	Fluorescence
<b>SNP</b>	Chemical	NO <sub>2</sub> <sup>-</sup>	6 hours	Absorbance (plate reader)
<b>CAP-E</b>	RBC cells	H <sub>2</sub> O <sub>2</sub>	90 minutes	Fluorescence (flow cytometer)
<b>PMN</b>	PMN cells	H <sub>2</sub> O <sub>2</sub>	90 minutes	Fluorescence (flow cytometer)
<b>Cell-based Griess</b>	BV2 cells (or) RAW macrophages	NO <sub>2</sub> <sup>-</sup>	24 hours	Absorbance (plate reader)

# The Principles for ORAC and TEAC

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**ORAC**

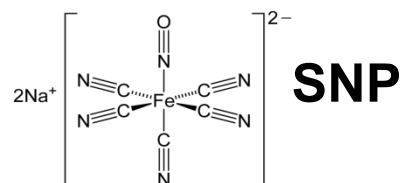
Antioxidant reaction with peroxy radicals, induced by AAPH (2,2'-azobis-2-amidino-propane)

Loss of fluorescence of fluorescein

**TEAC**

Antioxidant reaction with an organic cation radical ABTS ( 2,2'-azobis(3-3ethylbenzothiazoline-6-sulphonic acid)

Colorimetry



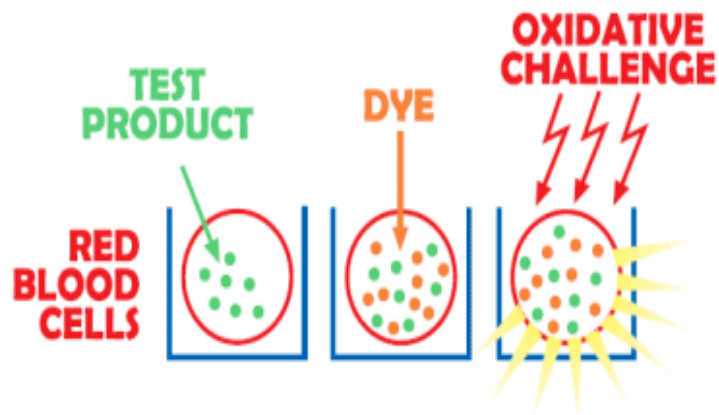
Sodium nitro prusside

In phosphate buffer ( 7.4 )  
release Nitric acid . NO reacts  
with Oxygen to form ( NO<sub>2</sub>-)

Colorimetry  
Griess reagent

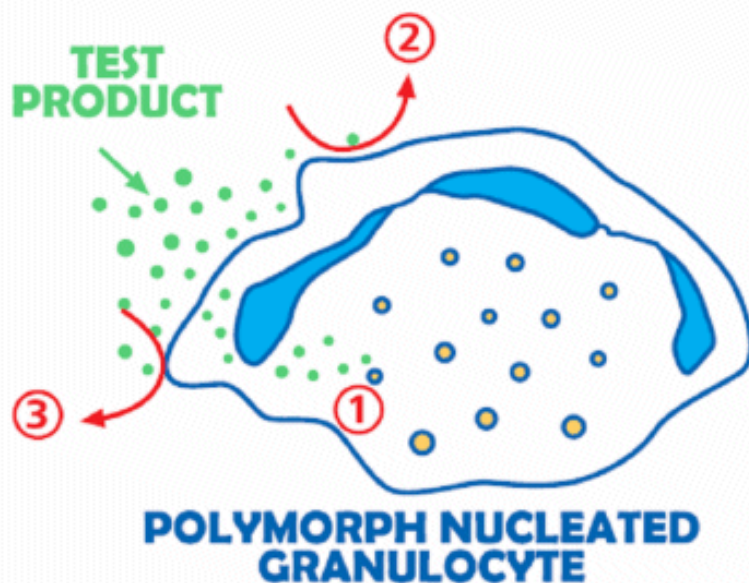
# Principle for the CAP-e assay.

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- Erythrocytes (red blood cells) are exposed to a natural product to allow antioxidants to enter into the cells.
- Unabsorbed antioxidants are removed, and the cells are loaded with a precursor dye.
- Upon an oxidative challenge, the precursor dye emits fluorescent light in proportion to the amount of oxidative damage.
- A reduction of fluorescence is proportional to antioxidant protection.

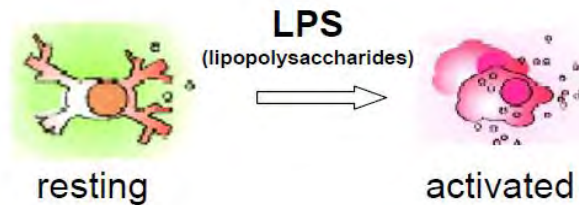
# Principle for the PMN assay



The essential methodology is similar to the CAP-e, except that the cell type used is the inflammatory PMN cell. This cell type can respond to natural products in the following three ways:

- 1) Antioxidants enter the intracellular space and neutralizes ROS;
- 2) Compounds within the natural product may bind to receptors on the cell surface and mediate a signal without entering the cell, leaving the cell less able to secrete ROS;
- 3) Compounds within the product may bind to other types of cell surface receptors, and trigger signaling towards a more pro-inflammatory behavior, leading to increased ROS formation.

# Measurement of NO Production



**Murin BV-2 cells were cultured in 24-well plate**

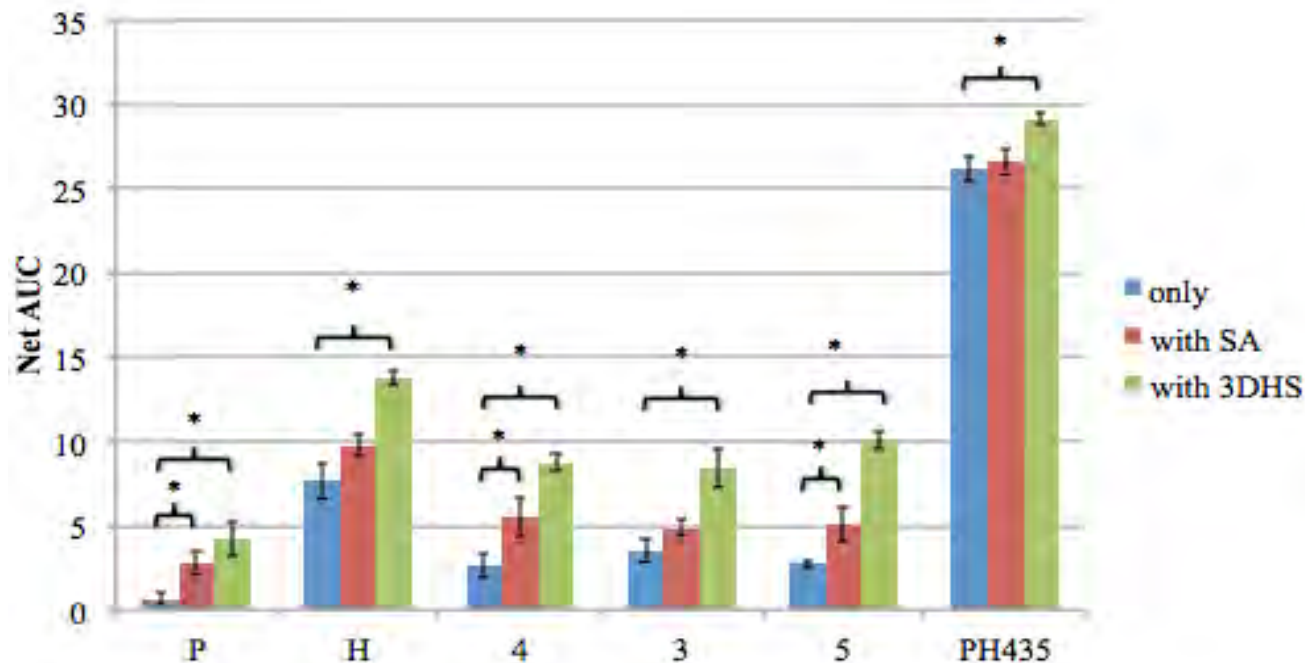
**Treatment with LPS in the presence and absence of OPP**

**NO Determination**

**Measurement**

**Measure absorbance in Plate reader with a filter 540 nm**  
**Nitrite concentrations were calculated from a sodium nitrite standard curve**

# The enhancement activity of SA and DSA with other phenolic compounds in quenching of NO radicals (SNP)



# Chemical based ROO<sup>•</sup> scavenging activity assay (ORAC assay)\*

Sample	Amount added (µM)#	Net Area Under the Curve (AUC)	Mean free radical scavenging activity w.r.t OPP (%) (± S.E.)
Protocatechuic acid (P)	0.14	0.6	2.1 (± 1.2)
p-hydroxybenzoic acid (H)	1.8	7.7	25.6 (± 3.6)
4-caffeoylshikimic acid (4)	0.31	2.6	8.8 (± 2.6)
3-caffeoylshikimic acid (3)	0.35	3.5	11.8 (± 2.3)
5-caffeoylshikimic acid (5)	0.45	2.7	9.1 (± 0.8)
Shikimic acid (S)	2.0	-Not detected-	-Not detected-
3-dehydroshikimic acid (D)	2.0	-Not detected-	-Not detected-
Mathematical sum (P+H+4+3+5) of Net AUC values		17.2	57.4 (± 5.2)
Mathematical sum (P+H+4+3+5+S) of Net AUC values		17.2	57.4 (± 5.6)
Mathematical sum (P+H+4+3+5+D) of Net AUC values		17.2	57.4 (± 5.3)
Chemical combination (PH435) by adding the 5 components at above-mentioned amounts together		26.2	87.5 (± 2.4)
Chemical combination (PH435S) by adding the 6 components at above-mentioned amounts together		26.6	88.9 (± 2.5)
Chemical combination (PH435D) by adding the 6 components at above-mentioned amounts together		29.2	97.5 (± 1.2) ‡
Oil Palm Phenolics	35ug/mL	29.9	100 (± 1.7)



# TEAC

Sample	Amount added (mg/mL) #	Mean percentage of inhibition of ABTS•+	Mean inhibition % w.r.t OPP (± S.E.)
Protocatechuic acid (P)	0.25	22.1	38.7 (± 3.7)
p-hydroxybenzoic acid (H)	0.25	18.9	33.1 (± 2.4)
4-caffeoylshikimic acid (4)	0.25	14.0	24.4 (± 2.4)
3-caffeoylshikimic acid (3)	0.25	11.0	19.3 (± 1.7)
5-caffeoylshikimic acid (5)	0.25	9.3	16.3 (± 3.7)
Shikimic acid (S)	0.25	-Not detected-	-Not detected-
3-dehydroshikimic acid (D)	0.25	-Not detected-	-Not detected-
Chemical combination (PH435)		56.3	98.5 (± 2.1)
Chemical combination (PH435S)		56.2	98.3 (± 2.3)
Chemical combination (PH435D)		55.3	96.6 (± 1.4)
Oil Palm Phenolics (OPP)	0.25	57.2	100 (± 2.3)

# Chemical based NO scavenging activity by using SNP assay \*

Description	Amount added ( $\mu$ M)#	Mean percentage of inhibition of nitrite	Mean nitrite scavenging activity w.r.t OPP (%) ( $\pm$ S.E.)
p-hydroxybenzoic acid (H)	81.1	20.6	31.7 ( $\pm$ 2)
Shikimic acid (S)	91.9	9.1	14 ( $\pm$ 4.1)
3-dehydroshikimic acid (D)	93.0	9.7	14.9 ( $\pm$ 1.7)
Chemical combination (HS)		14.2	21.8 ( $\pm$ 12.1)
Chemical combination (HD)		12.7	19.4 ( $\pm$ 9.1)
Chemical combination (PH435)		66.1	101.6 ( $\pm$ 3.4)
Chemical combination (PH435S)		65.0	99.9 ( $\pm$ 6.6)
Chemical combination (PH435D)		66.2	101.7 ( $\pm$ 6.4)
Oil Palm Phenolics (OPP)	1.6 mg/mL	65.1	100 ( $\pm$ 0.8)

# Cell-based ROS scavenging activity (CAP-e assay) \*

Description	Amount added (mM) #	Actual % inhibition of ROS	% inhibition of ROS in comparison to OPP ( $\pm$ S.E)
p-hydroxybenzoic acid (H)	0.51	22.5	30.6 ( $\pm$ 0.2)
Caffeoylshikimic acid (C)	0.3	25.9	35.2 ( $\pm$ 0.1)
Shikimic acid (S)	0.57	-Not detected-	-Not detected-
3-dehydroshikimic acid (D)	0.58	9.9	13.4 ( $\pm$ 0.05)
Mathematical sum (H+C+S) of % inhibition of ROS		48.4	65.7 ( $\pm$ 0.2)
Mathematical sum (H+C+D) of % inhibition of ROS		58.3	79.2 ( $\pm$ 0.2)
Chemical combination (HCS) by adding the 3 components at above-mentioned amounts together		57.4	77.9 ( $\pm$ 0.6)
Chemical combination (HCD) by adding the 3 components at above-mentioned amounts together		68.5	93 ( $\pm$ 0.8)
OPP	10 mg/mL	73.7	100 ( $\pm$ 0.8)

# Cell-based ROS scavenging activity (PMN assay)

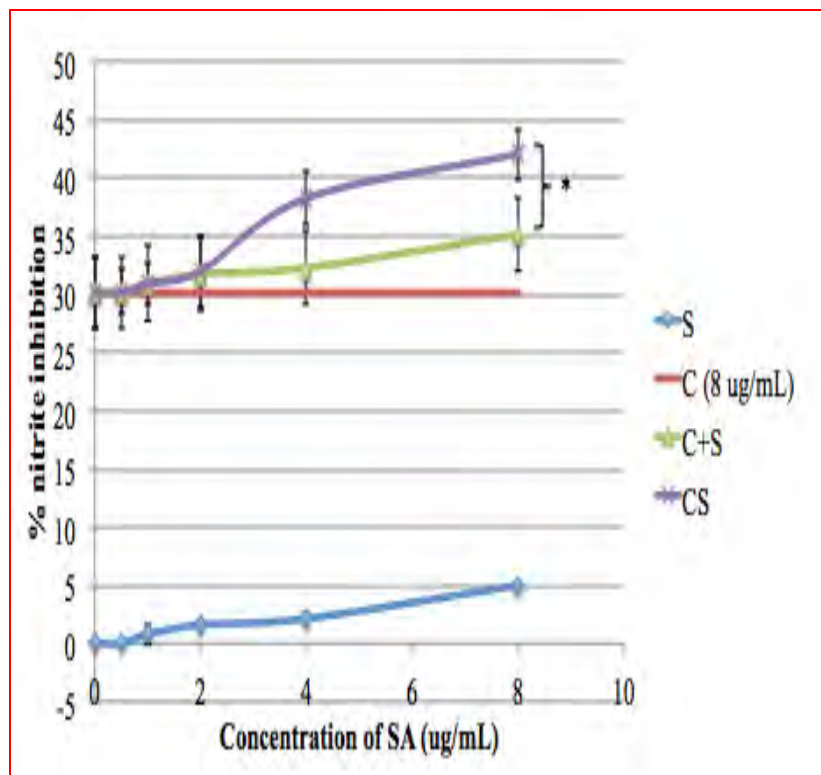
Description	Amount added (μM)#	Actual % inhibition of ROS	% inhibition of ROS in comparison to OPP (± S.E)
p-hydroxybenzoic acid (H)	81.1	13	18.2 (± 0.1)
caffeoylshikimic acid (C)	47.6	23.3	32.5 (± 0.1)
shikimic acid (S)	91.9	23.8	33.2 (± 0.2)
3-dehydroshikimic acid (D)	92.9	22	30.7 (± 0.2)
Mathematical sum (H+C+S) of % inhibition of ROS		60.1	83.9 (± 0.3)
Mathematical sum (H+C+D) of % inhibition of ROS		58.3	81.4 (± 0.3)
Chemical combination (HCS) by adding the 3 components at above-mentioned amounts together		67.9	94.8 (± 2.2) *
Chemical combination (HCD) by adding the 3 components at above-mentioned amounts together		66.6	93 (± 1.8)
OPP	1.6 mg/mL	71.7	100 (± 2.3)

# Synergy study in cell-based $\text{NO}_2^-$ scavenging activity (Griess assay, BV2 cells)

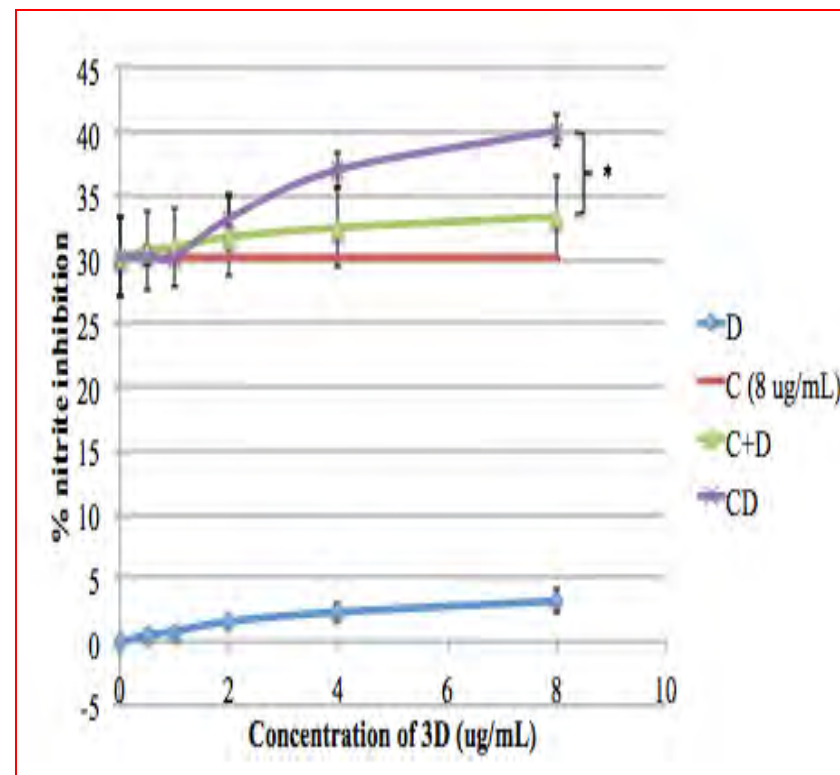
Description	Amount added ( $\mu\text{M}$ ) ‡	Actual % inhibition of $\text{NO}_2^-$	% inhibition of $\text{NO}_2^-$ in comparison to OPP ( $\pm$ S.E)
Protocatechuic acid (P)	3.3	8.6	13 ( $\pm$ 0.7)
p-hydroxybenzoic acid (H)	40.5	11.4	17.3 ( $\pm$ 2.8)
4-caffeoylshikimic acid (4)	7.1	8.4	12.7 ( $\pm$ 2.5)
3-caffeoylshikimic acid (3)	8.1	12.3	18.6 ( $\pm$ 2.3)
5-caffeoylshikimic acid (5)	10.2	8.8	13.4 ( $\pm$ 3.7)
Shikimic acid (S)	45.9	3.4	5.2 ( $\pm$ 0.7)
Mathematical sum (P+H+4+3+5) of % inhibition of $\text{NO}_2^-$		49.4	75 ( $\pm$ 5.8)
Mathematical sum (P+H+4+3+5+S) of % inhibition of $\text{NO}_2^-$		52.9	80.2 ( $\pm$ 5.8)
Chemical combination (PH435) by adding the 5 components at above-mentioned amounts together		56.3	85.4 ( $\pm$ 1.7)
Chemical combination (PH435S) by adding the 6 components at above-mentioned amounts together		62	94.1 ( $\pm$ 0.8) *
OPP	800 $\mu\text{g}/\text{mL}$	65.9	100 ( $\pm$ 3.2)

# NO<sub>2</sub><sup>-</sup> scavenging activity (Griess assay-raw macrophage)

Caffeoylshikimic acid + Shikimic acid



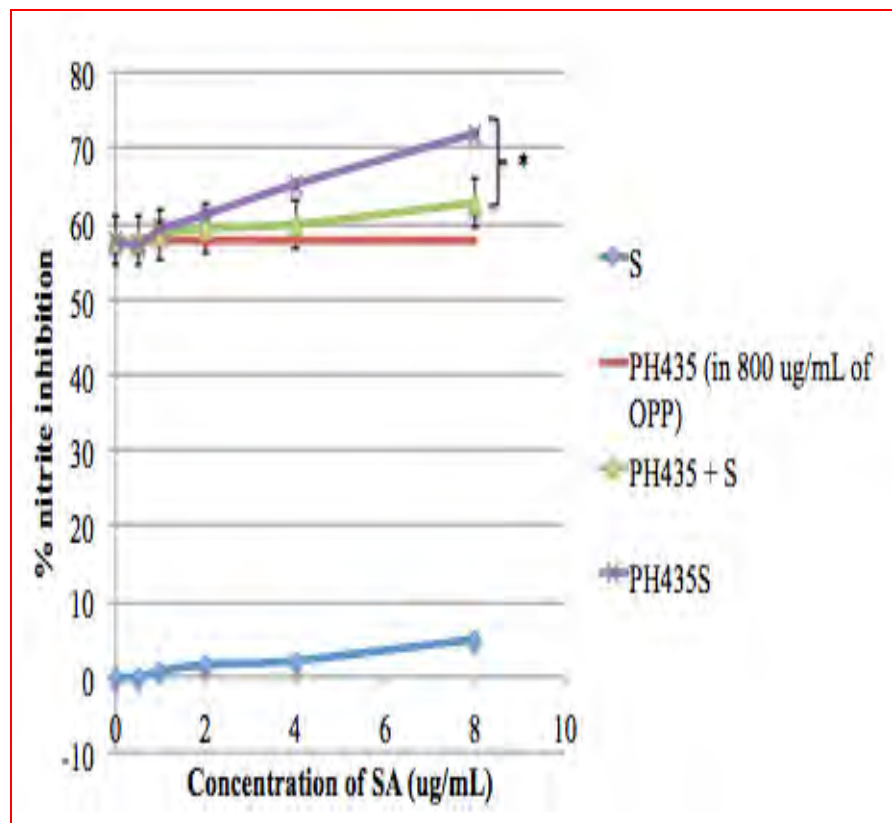
Caffeoylshikimic acid + Dehydroshikimic acid



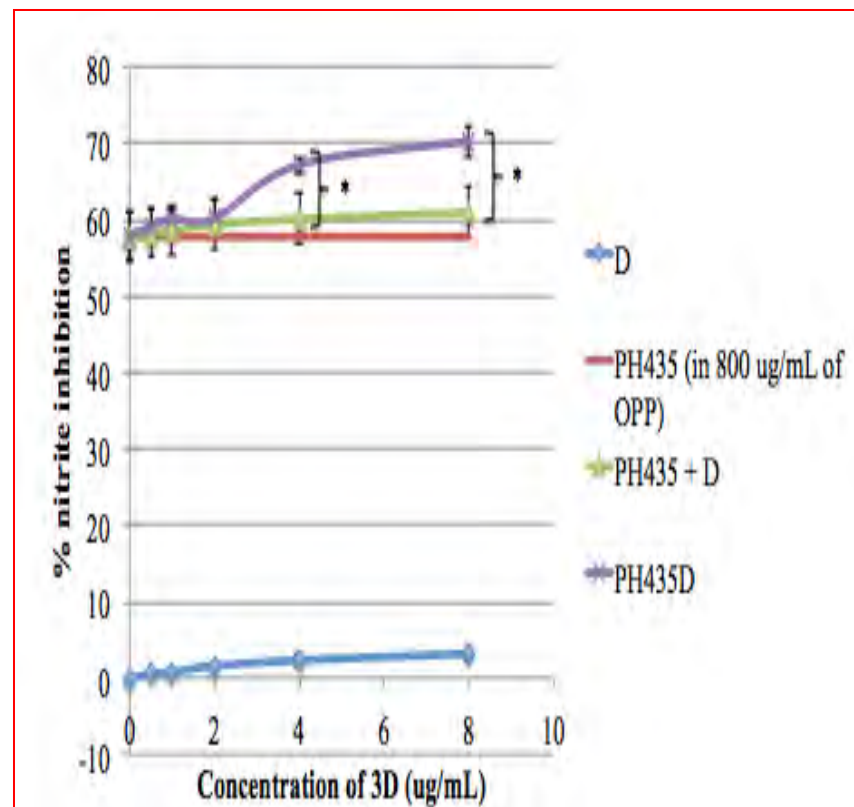
\* Combination is significantly higher than sum of components indicated ( $p < 0.05$ , Student's t test)

# NO<sub>2</sub><sup>-</sup> scavenging activity (Griess assay-raw macrophage)

PH435 + SA

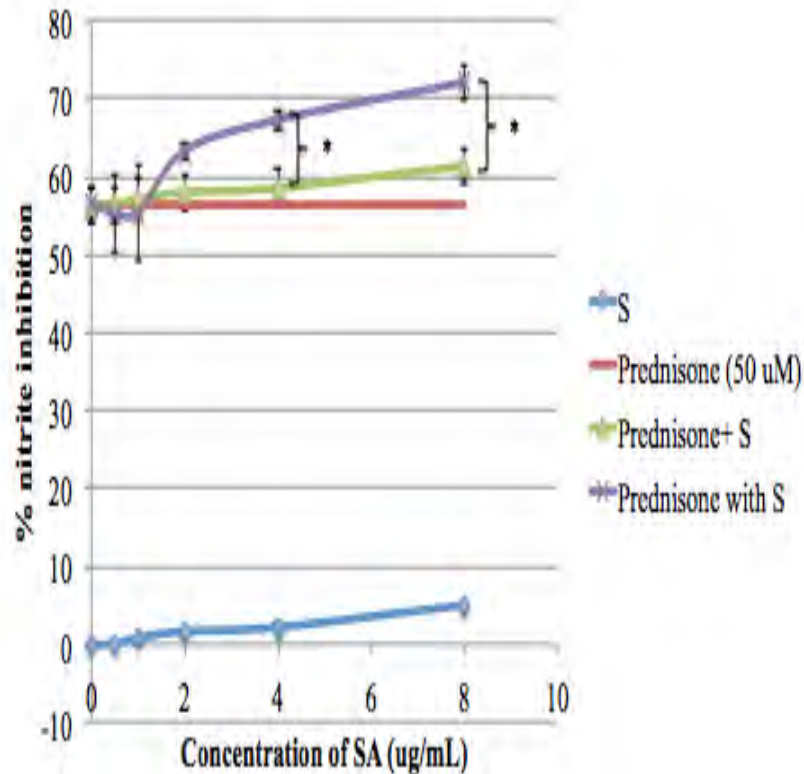


PH345+DSA

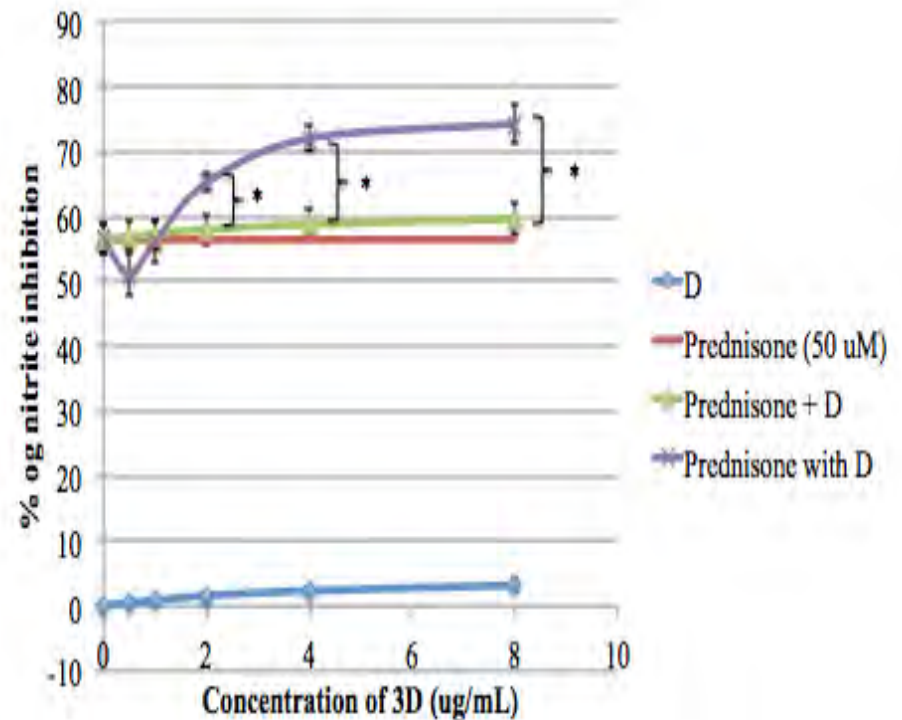


# NO<sub>2</sub><sup>-</sup>-scavenging activity (Griess assay-raw macrophage)

Prednisone + Shikimic acid



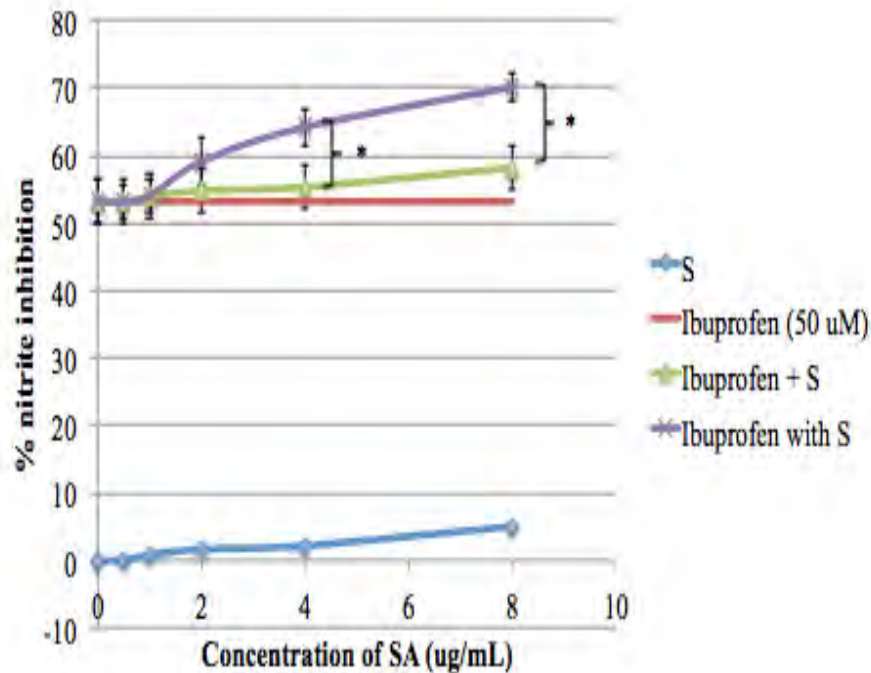
Prednisone + Dehydroshikimic acid



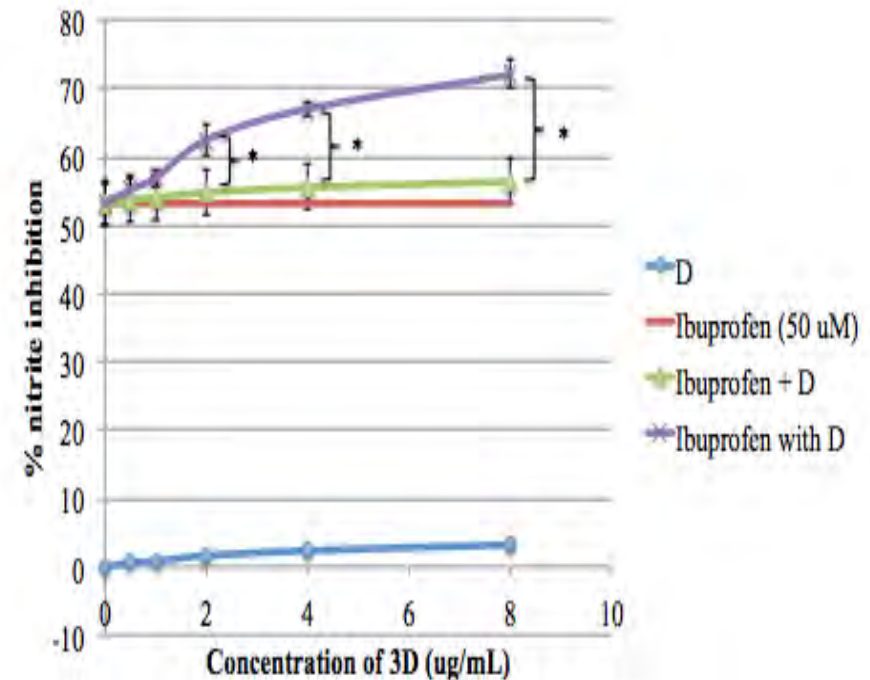


# NO<sub>2</sub><sup>-</sup> scavenging activity (Griess assay-raw macrophage)

Ibuprofen + shikimic acid



Ibuprofen + Dehydroshikimic acid



± 50 μM Ibuprofen was chosen based on IC<sub>50</sub> for this assay from previous studies [13]

\* Combination is significantly higher than sum of components indicated (p<0.05, Student's t test)

# Conclusions

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- Shikimic acid (SA) / 3-dehydroshikimic (DSA) alone have little or no antioxidant activity as measured by chemical systems
- SA/DSA may promote concerted effect in chemical systems
- SA/DSA in combination of phenolic compounds enhances anti-inflammatory effects in biological systems.

REMEMBER

Unity is Strength

 **THANK YOU** 

A collaborative effort between MIT and MPOB

The support of the Director General of MPOB:  
Datuk Dr. Choo Yuen May



# Correlation between ORAC and CAP-e

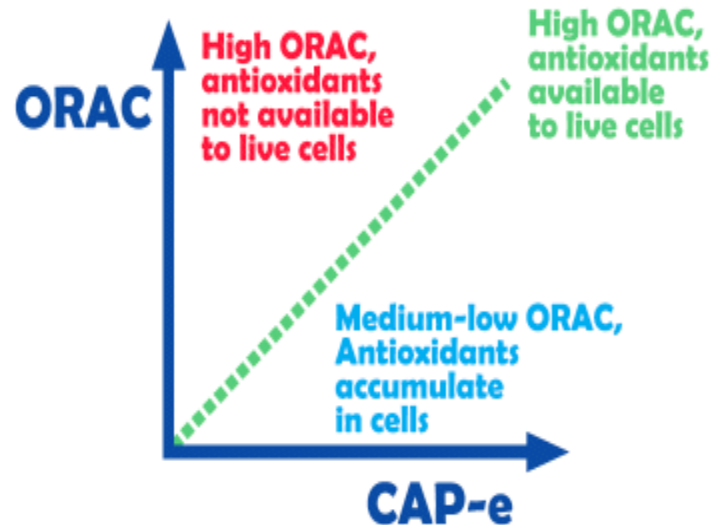


Diagram showing several possible situations pertaining to antioxidant capacity of natural products, when comparing data obtained by ORAC versus CAP-e:

- A product may have a high ORAC value but be unable to enter and protect cells from oxidative damage;
- a product may perform well in both assays;
- a product may show better protection of cells than what would be expected based on the ORAC value alone

# TEAC (Trolox Equivalent Antioxidant Activity)

<u>Description</u>	<u>Amount added (μM)#</u>	<u>Net Area Under the Curve (AUC) ‡</u>	<u>Mean free radical scavenging activity w.r.t OPP (%) (± S.E.)</u>
<u>Protocatechuic acid (P)</u>	<u>0.14</u>	<u>0.6</u>	<u>2.1 (± 1.2)</u>
<u>p-hydroxybenzoic acid (H)</u>	<u>1.77</u>	<u>7.7</u>	<u>25.6 (± 3.6)*</u>
<u>4-caffeoylshikimic acid (4)</u>	<u>0.31</u>	<u>2.6</u>	<u>8.8 (± 2.6)*</u>
<u>3-caffeoylshikimic acid (3)</u>	<u>0.35</u>	<u>3.5</u>	<u>11.8 (± 2.3)*</u>
<u>5-caffeoylshikimic acid (5)</u>	<u>0.45</u>	<u>2.7</u>	<u>9.1 (± 0.8)*</u>
<u>Shikimic acid (S)</u>	<u>2</u>	<u>-Not detected-</u>	<u>-Not detected-</u>
<u>3-dehydroshikimic acid (D)</u>	<u>2</u>	<u>-Not detected-</u>	<u>-Not detected-</u>
<u>Oil Palm Phenolics</u>	<u>35 μg/mL</u>	<u>29.9</u>	<u>100 (± 1.7)*</u>

## Appendix A (i)

### Net AUC values of individual components

# The components were added according to the amount present in 35 μg/mL of OPP

‡ Higher AUC denotes higher antioxidant capacity

\* p < 0.05 with respect to control (Tukey-Kramer's Honestly Significant Difference)